

Allergens Menu

Listed are the 14 Main Allergens and all of the dishes that contain these ingredients. Please note due to kitchen procedures, cross-contamination can occur as all allergens are used in the kitchen.

Bold dishes can be done to not contain the ingredient on request.

Celery

Charcuterie Board
Cheeseboards
Tomato Soup
Three Tuns Lunch
Chef's Pudding Choice
Calve's Liver
Linguini
Rump of Lamb
All Steaks
Salad Bowl
Sunday Roasts

Cereals Containing Gluten

Rustic Loaf
Prawn Cocktail
Camembert
Charcuterie Board
Cheeseboards
Smoked Chicken Salad
Tofu Salad
Tomato Soup
Three Tuns Lunch
Ham Sandwich
Spinach Spaetzle
Chickpea Cakes
Schnitzel
Chef's Pudding Choice
Burger
Fish 'n' Chips
Pork Belly
Linguini
Seabass
All Steaks
Parfait
Syrup Sponge
Sunday Roasts

Crustaceans

Seared Scallops
Moules Mariniere
Prawn Cocktail
Crayfish Sandwich
Linguini

Eggs

Seared Scallops
Crayfish Sandwich
Mushroom Roulade
Stuffed Peppers
Spinach Spaetzle
Schnitzel
Coleslaw
Parfait
Syrup Sponge

Fish

Seared Scallops
Moules Mariniere
Prawn Cocktail
Fish 'n' Chips
Linguini
Seabass

Molluscs

Seared Scallops
Moules Mariniere

Sesame Seeds

All Dishes within the menu do not contain Sesame Seeds.

Lupin

Snails
Rustic Loaf
Moules Mariniere
Prawn Cocktail
Camembert
Charcuterie Board
Cheeseboards
Smoked Chicken Salad
Halloumi Salad
Tofu Salad
Three Tuns Lunch
All Sandwiches
Spinach Spaetzle
Chickpea Cakes
Schnitzel
Chef's Pudding Choice
Burger
Fish 'n' Chips
Pork Belly
Linguini
Seabass
All Steaks
Coleslaw
Parfait
Syrup Sponge
Chocolate Tart
Sunday Roasts

Nuts

Charcuterie Board
Smoked Chicken Salad
Schnitzel
Mushroom Nut Roast

Peanuts

All Dishes within the menu do not contain Peanuts.

Milk

Snails
Seared Scallops
Moules Mariniere
Camembert
Cheeseboards
Tomato Soup
Three Tuns Lunch
Cheese Sandwich
Mushroom Roulade
Stuffed Peppers
Schnitzel
Chef's Pudding Choice
Calve's Liver
Pork Belly
Linguini
Rump of Lamb
All Steaks
Parfait
Syrup Sponge
Chocolate Tart
Ice Creams

Mustard

Prawn Cocktail
Smoked Chicken Salad
Crayfish Sandwich
Burger
Fish 'n' Chips
Pork Belly
All Steaks
Coleslaw
Pork Roast

Soya

Tofu Salad

Anyone that suffers with a **Sulphur Dioxide Allergy**, please see a member of staff about it.